

Peace Lutheran School December Lunch Menu

2 WG Cinnamon French Toast Sticks (28/2) w/Syrup (26) Turkey Sausage Patty (0) Hash Brown Triangles (27/2) Mixed Fruit Cup (15/1) Milk (12)	3 WG Beef Pepperoni Calzone (31/2) Green Beans (4/2) Chilled Pears (14/2) Milk (12)	4 Soft Shell (15/2) Beef (5/2) Taco w/Cheese (1), Lettuce (1), & Salsa (4) Pintos (16/4) & Cheese (1) Apple Slices (19/3) WG Blueberry Muffin (26/1), Milk (12)	5 WG Chicken Nuggets (16/3) Whipped Potatoes (14/1) w/Gravy (5) Chocolate Chip Muffin (29/1) Orange Wedges (21/5) Milk (12)	6 Cheesy Bread (27/3) w/Marinara Sauce (6/1) Trix Yogurt Cup (15) Steamed Broccoli (3/1) w/Cheese Sprinkles (1) Diced Peaches (14/1) Milk (12)
9 WG Mini Turkey Corn Puppies (33/3) Green Beans (4/2) Applesauce (13/2) Milk (12)	10 WG Chicken Patty (16/3) on WG Bun (29/2) Vegetarian Baked Beans (26/6) Chilled Pears (14/2) Milk (12)	11 WG Cheese Pizza Wedge (37/4) Garden Salad (3/2) w/Choice of Dressing (8) Orange Wedges (21/5) Milk (12)	12 Chicken Alfredo (10) w/WG Rotini (41/2) WG Bosco Breadstick (17/2) California Blend Veggies (3/1) Diced Peaches (14/1) Milk (12)	13 WG Cinnamon Pancakes (35/2) w/Syrup (26) String Cheese Stick (1) Trix Yogurt Cup (15) Hash Brown Stars (17/2) Apple Slices (19/3) Milk (12)
16 Hot Dog* (1) on WG Bun (28/3) Potato Smiles (20/2) Chilled Pears (14/2) Milk (12)	17 Tangerine Chicken (25/2) over Brown Rice (19/1) Steamed Broccoli (3/1) Delicious Apple (8/1) Milk (12)	18 WG Bosco Cheese Breadsticks (34/4) w/Marinara Sauce (6/1) Chicken Noodle Soup (7/1) Sliced Cucumbers (2) w/Ranch Dip (8) Chilled Peaches (14/1) Milk (12)	19 Turkey and Gravy (2) over Whipped Potatoes (14/1) WW Dinner Roll (24/5) Grapes (15/1) Milk (12)	20 HALF DAY DISMISSAL 11:15 NO LUNCH
23 NO SCHOOL	24 NO SCHOOL	25 NO SCHOOL	26 NO SCHOOL	27 NO SCHOOL
30 NO SCHOOL	31 NO SCHOOL	1/1 NO SCHOOL	1/2 NO SCHOOL	1/3 NO SCHOOL

DECEMBER CALENDAR HIGHLIGHTS ON BACK OF MENU

WG = Whole Grain Rich Product
RF = Reduced Fat
HF = High Fiber
RS = Reduced Sodium
*Item may contain pork

Daily Offerings Include: 1% White or Fat Free Chocolate Milk, Baby Carrots and Assorted Fruit
WOW PB/J Sandwich (55/5) w/Cheese Stick

Numbers in brackets = (carbohydrate/fiber)