

## 2018 Month of: MAY

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Tangerine Chicken (25/2) Brown Rice (22/5) Steamed Broccoli (5/3) Pineapple Tidbits (16/1) <u>Teddy Grahams</u> (16) Vitamin Rich Milk (12)	2 WG Chicken Quesadillas (31/3) Mixed Lettuce Salad (2/1) w/Lite Dressing (8) Diced Pears (17/1) Milk (12) <u>WG Mini Rice Krispies Treat</u> (9)  <i>Happy Birthday Day!</i>	3 Beef Teriyaki Dippers (6/1) Whipped Potatoes (14/1) & Gravy (4) Lunch Bunch Grapes (15/1) WG Dinner Roll (24/3) Strong Bones Milk (12)	4 WG Mini Cheese Pizza (29/3) Green Beans (4/2) Frozen Fruit Treat (18/3) Power Up Milk (12)
7 WG Cinnamon French Toast Sticks (28/3) W/syrup (26) Turkey Sausage Patty (0) Hash Brown Triangle (29/2) 100% Fruit Juice (13) Calcium Rich Milk (12)	8 Tyson WG Chicken Tenders (16/3) WG Chocolate Chip Muffin (28/1) Golden Corn (16/1) Diced Pears (17/1) Strong Bones Milk (12)	9 Spaghetti (20/2) w/Marinara Sauce (9) WG Cheesy Breadstick (17/2) String Cheese (1) Green Beans (4/2) Orange Wedges (21/5) Cold Milk (12)	10 WG Totally Taco Pizza Snacks (30/4) Sassy Salsa (2) Pintos (16/4) w/ Cheese (1) Banana (18/2) Homemade Cookie (30)	11 WG Cheesy Stuffed Bread Sticks (30/2) w/Marinara Dippin' Sauce (4) Steamed Broccoli (5/3) w/cheese (1) Fresh Apple (19/3) Vitamin Rich Milk (12)
14 Hot Dog*(1) on WG Bun (20/3) Waffle Fries (17/1) Applesauce (13/2) Frosty Milk (12)	15 <b>Crazy Cheese Bread (27/3)</b> Mixed Lettuce Salad (2/1) w/Lite Dressing (8) Chilled Peaches (17) Does a Body Good Milk (12)	16 Tyson Grilled Chicken Patty (1) on WG Bun (29/2) Celery Sticks (2/1) w/Ranch Dip (8) Pineapple Tidbits (16/1) Calcium Rich Milk (12)	17 WG Soft Shell (15/2) Beef (5/2), Taco w/cheese (1), Lettuce (4) & Salsa (2), WG Blueberry Muffin (26/1) Fiesta Taco Beans (26/6) Apple Slices (19/3) Cold Milk (12)	18 WG Cinnamon Pancakes (35/2) w/syrup (26) String Cheese (1) Trix Yogurt Cup (15) Hash Brown Triangles (29/2) 100% Fruit Juice (13) Mustache Milk (12)
21 WG Mini Turkey Corn Dogs (33/3) Vegetarian Baked Beans (26/6) Mandarin Oranges (20) Power packed Milk (12)	22 Tangerine Chicken (25/2) over Brown Rice (22/5) Steamed Broccoli (2/1) Pineapple Tidbits (16/1) <u>Teddy Grahams</u> (16) Vitamin Rich Milk (12)	23 WG Chicken Quesadillas (31/3) Mixed Lettuce Salad (2/1) w/Lite Dressing (8) Diced Pears (17/1) Mighty Milk (12) <u>WG Mini Rice Krispies Treat</u> (9)  <i>Happy Birthday Day!</i>	24 Beef Teriyaki Dippers (6/1) Whipped Potatoes (14/1) & Gravy (4) Lunch Bunch Grapes (15/1) WG Dinner Roll (24/3) Strong Bones Milk (12)	25 WG Mini Cheese Pizza (29/3) Green Beans (4/2) Frozen Fruit Treat (18/3) Power Up Milk (12)
28  <b>MEMORIAL DAY</b>  <b>NO SCHOOL</b>	29 Tyson WG Chicken Tenders (16/3) WG Chocolate Chip Muffin (28/1) Golden Corn (16/1) Diced Pears (17/1) Strong Bones Milk (12)	30 Spaghetti (20/2) w/Marinara Sauce (9) WG Cheesy Breadstick (17/2) String Cheese (1) Green Beans (4/2) Orange Wedges (21/5) Cold Milk (12)	31 WG Totally Taco Pizza Snacks (30/4) Sassy Salsa (2) Pintos (16/4) w/ Cheese (1) Banana (18/2) Homemade Cookie (30)	<b>JUNE 1</b> WG Cheesy Stuffed Bread Sticks (30/2) w/Marinara Dippin' Sauce (4) Steamed Broccoli (5/3) w/cheese (1) Fresh Apple (19/3) Vitamin Rich Milk (12)

**WG = Whole Grain Rich Product**  
**RF = Reduced Fat**  
**HF = High Fiber**  
 \*Items may contain Pork  
 \*\*Special Menu Day

**Daily Offerings Include: 1% White Milk,**  
**Fat Free Chocolate Milk, Baby Carrots and**  
**Assorted Fruit**  
**Numbers in brackets = (carbohydrate/fiber)**